



STATE OF WASHINGTON

INDETERMINATE SENTENCE REVIEW BOARD

4317 Sixth Ave., S.E. • P.O. Box 40907 • Olympia, Washington 98504-0907 • (206) 493-9266
(TDD Relay 1-800-833-6388)

DECISION AND REASONS

NAME: COSDEN, William E., Jr.
NUMBER: 249717
INSTITUTION: Twin Rivers Corrections Center
TYPE OF MEETING: 100 Hearing
DATE: April 2, 1996
PANEL MEMBERS: CO, KB, & JG

BOARD DECISION:

This was a Deferred Decision. The decision of the full Board is to find Mr. Cosden not parolable and to add 60 months to his minimum term.

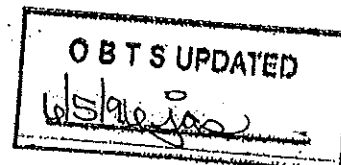
NEXT ACTION:

Schedule an April 1998 Administrative Progress Review.

HISTORY/COMMENTS:

Mr. Cosden was convicted of Rape First Degree in Thurston County in February of 1976. He has been incarcerated since that time. The Judge recommended ten years and the prosecutor recommended 20 years. As of April 1996, Mr. Cosden has served 234 months. His current maximum expiration date is February 10, 2024. The instant offense involved Mr. Cosden raping a young woman in Thurston County. He struck her in the head two times with a rubber mallet, took the victim away in his truck, and subsequently raped her twice. After the rape he threatened her by grabbing her throat and demanding that she not say anything. Records also indicate that Mr. Cosden used the threat of a gun underneath the seat of the vehicle, although the victim never saw the gun. He was convicted of Rape First Degree. Previously, in Maryland (1967) Mr. Cosden was found not

(continued on next page)



828

COSDEN, William E., Jr.

DOC #249717

HISTORY/COMMENTS CONTINUED - PAGE 2

guilty of Murder by reason of insanity. He was confined to a State Hospital from 1967 until the fall of 1971. It should be noted that the instant offense was similar to the one that he had been involved with in Maryland, which resulted in the Rape and Murder of a female companion who also had multiple bruises and contusions around the back and top of the head and body.

Mr. Cosden has a file history which is characterized with many inconsistencies regarding his life prior to his incarceration. It is clear that he was in the military and he did serve time in Vietnam. However, it is unclear as to what happened to him while he was there. There is one version of his story that claims he was wounded several times in Vietnam and that he killed U. S. servicemen and Vietnamese women and children.

REASONS:

The ISRB met with Mr. Cosden in October of 1995. This meeting came as a result of Mr. Cosden receiving Maximum Benefits from the Sexual Offender Treatment Program (SOTP) at Twin Rivers in May of 1995. The Board elected to not take any action at that hearing in view of some recent developments which raised serious concerns regarding Mr. Cosden's behavior and treatment benefits.

The Board asked for an updated report from the SOTP, as well as additional information from the Department of Corrections (DOC) in order to reach a decision. As a result of this additional information, a .100 hearing was held on April 2, 1996.

The Board discussed with Mr. Cosden his writing of a "novel", which contained graphic, sadistic, and violent sexual behavior. It contained scenes where there were child victims and other victims who enjoyed being raped and brutalized. The novel had come to light when it was discovered by

(continued on next page)

COSDEN, William E., Jr.

DOC #249717

REASONS CONTINUED - PAGE 3

correctional staff after Mr. Cosden had completed the in-patient portion of the program.

Mr. Cosden was asked to comment. He stated that he was writing the novel after being granted permission by SOTP staff and getting approval from his therapy group, with which he had shared some of the input. He went on to indicate that he was encouraged to continue writing this novel so that he could purge himself from the bad feelings that he did not want to duplicate.

His counselor, Pat Glebe, as well as SOTP counselor, Shirley Gray, and other SOTP staff to include Mike Morris and former therapist John Rockwell, all testified that this novel was not an approved document. In addition, it had not been encouraged or known of prior to the discovery by the correctional staff. They also indicated that it was not a part of the program's treatment modality. Part of the Sexual Offender Treatment Program does require participants to complete "covert scripts". These scripts were to be written and shared with the therapy group and therapist, and would deal with the offender writing a deviant arousal situation complete with an intervention scene. The arousal scene was to stop short of the participant touching the victim. Each script was to be about two pages in length. Mr. Cosden completed 15 written scripts and they were referred back to his SOTP therapist at that time, Mr. Henry Schmidt. The covert sensitization process was intended to assist offenders in managing a deviant sexual arousal and was read in group three to five times daily for practice in reducing sexual arousal. It was also stated that the potential victim was not to be engaged in any kind of conversation or physical interaction of any kind. Lastly, the potential victim was not to be displayed as enjoying or liking the situation, or having any fault for the situation. This novel clearly violated those mandates.

Mr. Cosden had completed the in-patient phase of the Sexual Offender Treatment Program and was participating in the Maximum Benefits Group, which is a group meeting for individuals who have

(continued on next page)

COSDEN, William E., Jr.

DOC #249717

REASONS CONTINUED - PAGE 4

completed the in-patient part of the program. He has continued to be employed by the Ex-Mark Corporation, where he has received satisfactory reports. He stated that if he were allowed to parole, he would continue to participate in Phase Three of the SOTP, where he would work on relapse prevention. He also indicated that he had VA benefits as a result of Post Traumatic Stress Syndrome. He, along with his attorney, pointed out that he had served in excess of the recommended time by the Judge and the prosecutor and had responded to the Board's request that he complete the Sexual Offender Treatment Program and is willing to continue treatment in Phase Three of the out-patient part of the program.

The Board finds enough evidence both in Mr. Cosden's "novel" as well as his denial and contradictions of program purposes and practices to conclude that Mr. Cosden has not internalized the treatment principles and continues to demonstrate that he is not safe to be at large.

FACTS RELIED UPON:

This panel relied upon the testimony by Mr. Cosden, his counselor, Mr. Pat Glebe, Mike Morris and Shirley Gray of the SOTP, the addendum to the SOTP Maximum Benefit Summary dated October 25, 1995, the Sex Offender Treatment Summary dated May 17, 1995, a letter dated April 3, 1996, from Mr. Cosden, input from Mr. Cosden's attorney, Rich Linn, the ISRB file, previous Board dictations, the DOC file, and the ISRB report.

CO:jas

April 24, 1996/May 31, 1996

CC: INSTITUTION
RESIDENT
FILE

831